

1. The Holy Spirit needs a happy learner, in whom His mission can be happily accomplished. ² You who are steadfastly devoted to misery must first recognize that you are miserable and not happy. ³ The Holy Spirit cannot teach without this contrast, for you believe that misery *is* happiness. ⁴ This has so confused you that you have undertaken to learn to do what you can never do, believing that unless you learn it you will not be happy. ⁵ You do not realize that the foundation on which this most peculiar learning goal depends means absolutely nothing. ⁶ Yet it may still make sense to you. ⁷ Have faith in nothing and you will find the "treasure" that you seek. ⁸ Yet you will add another burden to your already burdened mind. ⁹ You will believe that nothing is of value, and will value it. ¹⁰ A little piece of glass, a speck of dust, a body or a war are one to you. ¹¹ For if you value one thing made of nothing, you have believed that nothing can be precious, and that you *can* learn how to make the untrue true.

1. Can you imagine how beautiful those you forgive will look to you? ² In no fantasy have you ever seen anything so lovely. ³ Nothing you see here, sleeping or waking, comes near to such loveliness. ⁴ And nothing will you value like unto this, nor hold so dear. ⁵ Nothing that you remember that made your heart sing with joy has ever brought you even a little part of the happiness this sight will bring you. ⁶ For you will see the Son of God. ⁷ You will behold the beauty the Holy Spirit loves to look upon, and which He thanks the Father for. ⁸ He was created to see this for you, until you learned to see it for yourself. ⁹ And all His teaching leads to seeing it and giving thanks with Him.

5. Yet hate must have a target. ² There can be no faith in sin without an enemy. ³ Who that believes in sin would dare believe he has no enemy? ⁴ Could he admit that no one made him powerless? ⁵ Reason would surely bid him seek no longer what is not there to find. ⁶ Yet first he must be willing to perceive a world where it is not. ⁷ It is not necessary that he understand how he can see it. ⁸ Nor should he try. ⁹ For if he focuses on what he cannot understand, he will but emphasize his helplessness, and let sin tell him that his enemy must be himself. ¹⁰ But let him only ask himself these questions, which he must decide, to have it done for him:

¹¹ *Do I desire a world I rule instead of one that rules me?*

¹² *Do I desire a world where I am powerful instead of helpless?*

¹³ *Do I desire a world in which I have no enemies and cannot sin?*

¹⁴ *And do I want to see what I denied **because** it is the truth?*

6. You may already have answered the first three questions, but not yet the last. ² For this one still seems fearful, and unlike the others. ³ Yet reason would assure you they are all the same. ⁴ We said this year would emphasize the sameness of things that are the same. ⁵ This final question, which is indeed the last you need decide, still seems to hold a threat the rest have lost for you. ⁶ And this imagined difference attests to your belief that truth may be the enemy you yet may find. ⁷ Here, then, would seem to be the last remaining hope of finding sin, and not accepting power.

7. Forget not that the choice of sin or truth, helplessness or power, is the choice of whether to attack or heal. ² For healing comes of power, and attack of helplessness. ³ Whom you attack you *cannot* want to heal. ⁴ And whom you would have healed must be the one you chose to be protected from attack. ⁵ And what is this decision but the choice whether to see him through the body's eyes, or let him be revealed to you through vision? ⁶ How this decision leads to its effects is not your problem. ⁷ But what you want to see must be your choice. ⁸ This is a course in cause and not effect.

8. Consider carefully your answer to the last question you have left unanswered still. ² And let your reason tell you that it must be answered, and is answered in the other three. ³ And then it will be clear to you that, as you look on the effects of sin in any form, all you need do is simply ask yourself:

⁴ Is this what I would see? ⁵ Do I want this?

9. This is your one decision; this the condition for what occurs. ² It is irrelevant to how it happens, but not to why. ³ You *have* control of this. ⁴ And if you choose to see a world without an enemy, in which you are not helpless, the means to see it will be given you.

10. Why is the final question so important? ² Reason will tell you why. ³ It is the same as are the other three, except in time. ⁴ The others are decisions that can be made, and then unmade and made again. ⁵ But truth is constant, and implies a state where vacillations are impossible. ⁶ You can desire a world you rule that rules you not, and change your mind. ⁷ You can desire to exchange your helplessness for power, and lose this same desire as a little glint of sin attracts you. ⁸ And you can want to see a sinless world, and let an "enemy" tempt you to use the body's eyes and change what you desire.

11. In content all the questions are the same. ² For each one asks if you are willing to exchange the world of sin for what the Holy Spirit sees, since it is this the world of sin denies. ³ And therefore those who look on sin are seeing the denial of the real world. ⁴ Yet the last question adds the wish for constancy in your desire to see the real world, so the desire becomes the only one you have. ⁵ By answering the final question "yes," you add sincerity to the decisions you have already made to all the rest. ⁶ For only then have you renounced the option to change your mind again. ⁷ When it is this you do not want, the rest are wholly answered.

12. Why do you think you are unsure the others have been answered? ² Could it be necessary they be asked so often, if they had? ³ Until the last decision has been made, the answer is both "yes" and "no." ⁴ For you have answered "yes" without perceiving that "yes" must mean "not no." ⁵ No one decides against his happiness, but he may do so if he does not see he does it. ⁶ And if he sees his happiness as ever changing, now this, now that, and now an elusive shadow attached to nothing, he does decide against it.

13. Elusive happiness, or happiness in changing form that shifts with time and place, is an illusion that has no meaning. ² Happiness must be constant, because it is attained by giving up the wish for the *inconstant*. ³ Joy cannot be perceived except through constant vision. ⁴ And constant vision can be given only those who wish for constancy. ⁵ The power of the Son of God's desire remains the proof that he is wrong who sees himself as helpless. ⁶ Desire what you want, and you will look on it and think it real. ⁷ No thought but has the power to release or kill. ⁸ And none can leave the thinker's mind, or leave him unaffected.

6. What is your brother for? ² You do not know, because your function is obscure to you. ³ Do not ascribe a role to him that you imagine would bring happiness to you. ⁴ And do not try to hurt him

when he fails to take the part that you assigned to him, in what you dream your life was meant to be. ⁵ He asks for help in every dream he has, and you have help to give him if you see the function of the dream as He perceives its function, Who can utilize all dreams as means to serve the function given Him. ⁶ Because He loves the dreamer, not the dream, each dream becomes an offering of love. ⁷ For at its center is His Love for you, which lights whatever form it takes with love.

17. It needs but two who would have happiness this day to promise it to all the world. ² It needs but two to understand that they cannot decide alone, to guarantee the joy they asked for will be wholly shared. ³ For they have understood the basic law that makes decision powerful, and gives it all effects that it will ever have. ⁴ It needs but two. ⁵ These two are joined before there can be a decision. ⁶ Let this be the one reminder that you keep in mind, and you will have the day you want, and give it to the world by having it yourself. ⁷ Your judgment has been lifted from the world by your decision for a happy day. ⁸ And as you have received, so must you give.

7. The lessons to be learned are only two. ² Each has its outcome in a different world. ³ And each world follows surely from its source. ⁴ The certain outcome of the lesson that God's Son is guilty is the world you see. ⁵ It is a world of terror and despair. ⁶ Nor is there hope of happiness in it. ⁷ There is no plan for safety you can make that ever will succeed. ⁸ There is no joy that you can seek for here and hope to find. ⁹ Yet this is not the only outcome which your learning can produce. ¹⁰ However much you may have overlearned your chosen task, the lesson that reflects the Love of God is stronger still. ¹¹ And you will learn God's Son is innocent, and see another world.

LESSON 66.

My happiness and my function are one.

1. You have surely noticed an emphasis throughout our recent lessons on the connection between fulfilling your function and achieving happiness. ² This is because you do not really see the connection. ³ Yet there is more than just a connection between them; they are the same. ⁴ Their forms are different, but their content is completely one.

2. The ego does constant battle with the Holy Spirit on the fundamental question of what your function is. ² So does it do constant battle with the Holy Spirit about what your happiness is. ³ It is not a two-way battle. ⁴ The ego attacks and the Holy Spirit does not respond. ⁵ He knows what your function is. ⁶ He knows that it is your happiness.

3. Today we will try to go past this wholly meaningless battle and arrive at the truth about your function. ² We will not engage in senseless arguments about what it is. ³ We will not become hopelessly involved in defining happiness and determining the means for achieving it. ⁴ We will not indulge the ego by listening to its attacks on truth. ⁵ We will merely be glad that we can find out what truth is.

4. Our longer practice period today has as its purpose your acceptance of the fact that not only is there a very real connection between the function God gave you and your happiness, but that they are actually identical. ² God gives you only happiness. ³ Therefore, the function He gave you must

be happiness, even if it appears to be different. ⁴ Today's exercises are an attempt to go beyond these differences in appearance, and recognize a common content where it exists in truth.

5. Begin the ten-to-fifteen-minute practice period by reviewing these thoughts:

² *God gives me only happiness.*

³ *He has given my function to me.*

⁴ *Therefore my function must be happiness.*

⁵ Try to see the logic in this sequence, even if you do not yet accept the conclusion. ⁶ It is only if the first two thoughts are wrong that the conclusion could be false. ⁷ Let us, then, think about the premises for a while, as we are practicing.

6. The first premise is that God gives you only happiness. ² This could be false, of course, but in order to be false it is necessary to define God as something He is not. ³ Love cannot give evil, and what is not happiness is evil. ⁴ God cannot give what He does not have, and He cannot have what He is not. ⁵ Unless God gives you only happiness, He must be evil. ⁶ And it is this definition of Him you are believing if you do not accept the first premise.
7. The second premise is that God has given you your function. ² We have seen that there are only two parts of your mind. ³ One is ruled by the ego, and is made up of illusions. ⁴ The other is the home of the Holy Spirit, where truth abides. ⁵ There are no other guides but these to choose between, and no other outcomes possible as a result of your choice but the fear that the ego always engenders, and the love that the Holy Spirit always offers to replace it.
8. Thus, it must be that your function is established by God through His Voice, or is made by the ego which you have made to replace Him. ² Which is true? ³ Unless God gave your function to you, it must be the gift of the ego. ⁴ Does the ego really have gifts to give, being itself an illusion and offering only the illusion of gifts?
9. Think about this during the longer practice period today. ² Think also about the many forms the illusion of your function has taken in your mind, and the many ways in which you tried to find salvation under the ego's guidance. ³ Did you find it? ⁴ Were you happy? ⁵ Did they bring you peace? ⁶ We need great honesty today. ⁷ Remember the outcomes fairly, and consider also whether it was ever reasonable to expect happiness from anything the ego ever proposed. ⁸ Yet the ego is the only alternative to the Holy Spirit's Voice.
10. You will listen to madness or hear the truth. ² Try to make this choice as you think about the premises on which our conclusion rests. ³ We can share in this conclusion, but in no other. ⁴ For God Himself shares it with us. ⁵ Today's idea is another giant stride in the perception of the same as the same, and the different as different. ⁶ On one side stand all illusions. ⁷ All truth stands on the other. ⁸ Let us try today to realize that only the truth is true.
11. In the shorter practice periods, which would be most helpful today if undertaken twice an hour, this form of the application is suggested:

² *My happiness and function are one, because God has given me both.*

³ It will not take more than a minute, and probably less, to repeat these words slowly and think about them a little while as you say them.

LESSON 101.

God's Will for me is perfect happiness.

1. Today we will continue with the theme of happiness. ² This is a key idea in understanding what salvation means. ³ You still believe it asks for suffering as penance for your "sins." ⁴ This is not so. ⁵ Yet you must think it so while you believe that sin is real, and that God's Son can sin.
2. If sin is real, then punishment is just and cannot be escaped. ² Salvation thus cannot be purchased but through suffering. ³ If sin is real, then happiness must be illusion, for they cannot both be true. ⁴ The sinful warrant only death and pain, and it is this they ask for. ⁵ For they know it waits for them, and it will seek them out and find them somewhere, sometime, in some form that evens the account they owe to God. ⁶ They would escape Him in their fear. ⁷ And yet He will pursue, and they can not escape.
3. If sin is real, salvation must be pain. ² Pain is the cost of sin, and suffering can never be escaped, if sin is real. ³ Salvation must be feared, for it will kill, but slowly, taking everything away before it grants the welcome boon of death to victims who are little more than bones before salvation is appeased. ⁴ Its wrath is boundless, merciless, but wholly just.
4. Who would seek out such savage punishment? ² Who would not flee salvation, and attempt in every way he can to drown the Voice which offers it to him? ³ Why would he try to listen and accept Its offering? ⁴ If sin is real, its offering is death, and meted out in cruel form to match the vicious wishes in which sin is born. ⁵ If sin is real, salvation has become your bitter enemy, the curse of God upon you who have crucified His Son.
5. You need the practice periods today. ² The exercises teach sin is not real, and all that you believe must come from sin will never happen, for it has no cause. ³ Accept Atonement with an open mind, which cherishes no lingering belief that you have made a devil of God's Son. ⁴ There is no sin. ⁵ We practice with this thought as often as we can today, because it is the basis for today's idea.
6. God's Will for you is perfect happiness because there is no sin, and suffering is causeless. ² Joy is just, and pain is but the sign you have misunderstood yourself. ³ Fear not the Will of God. ⁴ But turn to it in confidence that it will set you free from all the consequences sin has wrought in feverish imagination. ⁵ Say:

⁶ *God's Will for me is perfect happiness.*

⁷ *There is no sin; it has no consequence.*

⁸ So should you start your practice periods, and then attempt again to find the joy these thoughts will introduce into your mind.

7. Give these five minutes gladly, to remove the heavy load you lay upon yourself with the insane belief that sin is real. ² Today escape from madness. ³ You are set on freedom's road, and now today's idea brings wings to speed you on, and hope to go still faster to the waiting goal of peace. ⁴ There is no sin. ⁵ Remember this today, and tell yourself as often as you can:

⁶ *God's Will for me is perfect happiness.*

⁷ *This is the truth, because there is no sin.*

LESSON 102.

I share God's Will for happiness for me.

1. You do not want to suffer. ² You may think it buys you something, and may still believe a little that it buys you what you want. ³ Yet this belief is surely shaken now, at least enough to let you question it, and to suspect it really makes no sense. ⁴ It has not gone as yet, but lacks the roots that once secured it tightly to the dark and hidden secret places of your mind.

2. Today we try to loose its weakened hold still further, and to realize that pain is purposeless, without a cause and with no power to accomplish anything. ² It cannot purchase anything at all. ³ It offers nothing, and does not exist. ⁴ And everything you think it offers you is lacking in existence, like itself. ⁵ You have been slave to nothing. ⁶ Be you free today to join the happy Will of God.

3. For several days we will continue to devote our periods of practicing to exercises planned to help you reach the happiness God's Will has placed in you. ² Here is your home, and here your safety is. ³ Here is your peace, and here there is no fear. ⁴ Here is salvation. ⁵ Here is rest at last.

4. Begin your practice periods today with this acceptance of God's Will for you:

² *I share God's Will for happiness for me, and I accept it as my function now.*

³ Then seek this function deep within your mind, for it is there, awaiting but your choice. ⁴ You cannot fail to find it when you learn it is your choice, and that you share God's Will.

5. Be happy, for your only function here is happiness. ² You have no need to be less loving to God's Son than He Whose Love created him as loving as Himself. ³ Besides these hourly five-minute rests, pause frequently today, to tell yourself that you have now accepted happiness as your one function. ⁴ And be sure that you are joining with God's Will in doing this.

LESSON 103.

God, being Love, is also happiness.

1. Happiness is an attribute of love. ² It cannot be apart from it. ³ Nor can it be experienced where love is not. ⁴ Love has no limits, being everywhere. ⁵ And therefore joy is everywhere as well. ⁶ Yet can the mind deny that this is so, believing there are gaps in love where sin can enter, bringing pain instead of joy. ⁷ This strange belief would limit happiness by redefining love as limited, and introducing opposition in what has no limit and no opposite.

2. Fear is associated then with love, and its results become the heritage of minds that think what they have made is real. ² These images, with no reality in truth, bear witness to the fear of God, forgetting being Love, He must be joy. ³ This basic error we will try again to bring to truth today, and teach ourselves:

⁴ God, being Love, is also happiness.

⁵ To fear Him is to be afraid of joy.

⁶ Begin your periods of practicing today with this association, which corrects the false belief that God is fear. ⁷ It also emphasizes happiness belongs to you, because of what He is.

3. Allow this one correction to be placed within your mind each waking hour today. ² Then welcome all the happiness it brings as truth replaces fear, and joy becomes what you expect to take the place of pain. ³ God, being Love, it will be given you. ⁴ Bolster this expectation frequently throughout the day, and quiet all your fears with this assurance, kind and wholly true:

⁵ God, being Love, is also happiness.

⁶ And it is happiness I seek today.

⁷ I cannot fail, because I seek the truth.

LESSON 105.

God's peace and joy are mine.

1. God's peace and joy are yours. ² Today we will accept them, knowing they belong to us. ³ And we will try to understand these gifts increase as we receive them. ⁴ They are not like to the gifts the world can give, in which the giver loses as he gives the gift; the taker is the richer by his loss. ⁵ Such are not gifts, but bargains made with guilt. ⁶ The truly given gift entails no loss. ⁷ It is impossible that one can gain because another loses. ⁸ This implies a limit and an insufficiency.

2. No gift is given thus. ² Such "gifts" are but a bid for a more valuable return; a loan with interest to be paid in full; a temporary lending, meant to be a pledge of debt to be repaid with more than was received by him who took the gift. ³ This strange distortion of what giving means pervades all levels of the world you see. ⁴ It strips all meaning from the gifts you give, and leaves you nothing in the ones you take.

3. A major learning goal this course has set is to reverse your view of giving, so you can receive. ² For giving has become a source of fear, and so you would avoid the only means by which you can

receive. ³ Accept God's peace and joy, and you will learn a different way of looking at a gift. ⁴ God's gifts will never lessen when they are given away. ⁵ They but increase thereby.

4. As Heaven's peace and joy intensify when you accept them as God's gift to you, so does the joy of your Creator grow when you accept His joy and peace as yours. ² True giving is creation. ³ It extends the limitless to the unlimited, eternity to timelessness, and love unto itself. ⁴ It adds to all that is complete already, not in simple terms of adding more, for that implies that it was less before. ⁵ It adds by letting what cannot contain itself fulfill its aim of giving everything it has away, securing it forever for itself.
5. Today accept God's peace and joy as yours. ² Let Him complete Himself as He defines completion. ³ You will understand that what completes Him must complete His Son as well. ⁴ He cannot give through loss. ⁵ No more can you. ⁶ Receive His gift of joy and peace today, and He will thank you for your gift to Him.
6. Today our practice periods will start a little differently. ² Begin today by thinking of those brothers who have been denied by you the peace and joy that are their right under the equal laws of God. ³ Here you denied them to yourself. ⁴ And here you must return to claim them as your own.
7. Think of your "enemies" a little while, and tell each one, as he occurs to you:

² My brother, peace and joy I offer you, That I may have God's peace and joy as mine.

³ Thus you prepare yourself to recognize God's gifts to you, and let your mind be free of all that would prevent success today. ⁴ Now are you ready to accept the gift of peace and joy that God has given you. ⁵ Now are you ready to experience the joy and peace you have denied yourself. ⁶ Now you can say, "God's peace and joy are mine," for you have given what you would receive.

8. You must succeed today, if you prepare your mind as we suggest. ² For you have let all bars to peace and joy be lifted up, and what is yours can come to you at last. ³ So tell yourself, "God's peace and joy are mine," and close your eyes a while, and let His Voice assure you that the words you speak are true.
9. Spend your five minutes thus with Him each time you can today, but do not think that less is worthless when you cannot give Him more. ² At least remember hourly to say the words which call to Him to give you what He wills to give, and wills you to receive. ³ Determine not to interfere today with what He wills. ⁴ And if a brother seems to tempt you to deny God's gift to him, see it as but another chance to let yourself receive the gifts of God as yours. ⁵ Then bless your brother thankfully, and say:

⁶ My brother, peace and joy I offer you, That I may have God's peace and joy as mine.

LESSON 121.

Forgiveness is the key to happiness.

1. Here is the answer to your search for peace. ² Here is the key to meaning in a world that seems to make no sense. ³ Here is the way to safety in apparent dangers that appear to threaten you at every turn, and bring uncertainty to all your hopes of ever finding quietness and peace. ⁴ Here are all questions answered; here the end of all uncertainty ensured at last.
2. The unforgiving mind is full of fear, and offers love no room to be itself; no place where it can spread its wings in peace and soar above the turmoil of the world. ² The unforgiving mind is sad, without the hope of respite and release from pain. ³ It suffers and abides in misery, peering about in darkness, seeing not, yet certain of the danger lurking there.
3. The unforgiving mind is torn with doubt, confused about itself and all it sees; afraid and angry, weak and blustering, afraid to go ahead, afraid to stay, afraid to waken or to go to sleep, afraid of every sound, yet more afraid of stillness; terrified of darkness, yet more terrified at the approach of light. ² What can the unforgiving mind perceive but its damnation? ³ What can it behold except the proof that all its sins are real?
4. The unforgiving mind sees no mistakes, but only sins. ² It looks upon the world with sightless eyes, and shrieks as it beholds its own projections rising to attack its miserable parody of life. ³ It wants to live, yet wishes it were dead. ⁴ It wants forgiveness, yet it sees no hope. ⁵ It wants escape, yet can conceive of none because it sees the sinful everywhere.
5. The unforgiving mind is in despair, without the prospect of a future which can offer anything but more despair. ² Yet it regards its judgment of the world as irreversible, and does not see it has condemned itself to this despair. ³ It thinks it cannot change, for what it sees bears witness that its judgment is correct. ⁴ It does not ask, because it thinks it knows. ⁵ It does not question, certain it is right.
6. Forgiveness is acquired. ² It is not inherent in the mind, which cannot sin. ³ As sin is an idea you taught yourself, forgiveness must be learned by you as well, but from a Teacher other than yourself, Who represents the other Self in you. ⁴ Through Him you learn how to forgive the self you think you made, and let it disappear. ⁵ Thus you return your mind as one to Him Who is your Self, and Who can never sin.
7. Each unforgiving mind presents you with an opportunity to teach your own how to forgive itself. ² Each one awaits release from hell through you, and turns to you imploringly for Heaven here and now. ³ It has no hope, but you become its hope. ⁴ And as its hope, do you become your own. ⁵ The unforgiving mind must learn through your forgiveness that it has been saved from hell. ⁶ And as you teach salvation, you will learn. ⁷ Yet all your teaching and your learning will be not of you, but of the Teacher Who was given you to show the way to you.
8. Today we practice learning to forgive. ² If you are willing, you can learn today to take the key to happiness, and use it on your own behalf. ³ We will devote ten minutes in the morning, and at night another ten, to learning how to give forgiveness and receive forgiveness, too.
9. The unforgiving mind does not believe that giving and receiving are the same. ² Yet we will try to learn today that they are one through practicing forgiveness toward one whom you think of as an enemy, and one whom you consider as a friend. ³ And as you learn to see them both as one, we will extend the lesson to yourself, and see that their escape included yours.

10. Begin the longer practice periods by thinking of someone you do not like, who seems to irritate you, or to cause regret in you if you should meet him; one you actively despise, or merely try to overlook. ² It does not matter what the form your anger takes. ³ You probably have chosen him already. ⁴ He will do.
11. Now close your eyes and see him in your mind, and look at him a while. ² Try to perceive some light in him somewhere; a little gleam which you had never noticed. ³ Try to find some little spark of brightness shining through the ugly picture that you hold of him. ⁴ Look at this picture till you see a light somewhere within it, and then try to let this light extend until it covers him, and makes the picture beautiful and good.
12. Look at this changed perception for a while, and turn your mind to one you call a friend. ² Try to transfer the light you learned to see around your former "enemy" to him. ³ Perceive him now as more than friend to you, for in that light his holiness shows you your savior, saved and saving, healed and whole.
13. Then let him offer you the light you see in him, and let your "enemy" and friend unite in blessing you with what you gave. ² Now are you one with them, and they with you. ³ Now have you been forgiven by yourself. ⁴ Do not forget, throughout the day, the role forgiveness plays in bringing happiness to every unforgiving mind, with yours among them. ⁵ Every hour tell yourself:

⁶ Forgiveness is the key to happiness. ⁷ I will awaken from the dream that I am mortal, fallible and full of sin, and know I am the perfect Son of God.

LESSON 122.

Forgiveness offers everything I want.

1. What could you want forgiveness cannot give? ² Do you want peace? ³ Forgiveness offers it. ⁴ Do you want happiness, a quiet mind, a certainty of purpose, and a sense of worth and beauty that transcends the world? ⁵ Do you want care and safety, and the warmth of sure protection always? ⁶ Do you want a quietness that cannot be disturbed, a gentleness that never can be hurt, a deep, abiding comfort, and a rest so perfect it can never be upset?
2. All this forgiveness offers you, and more. ² It sparkles on your eyes as you awake, and gives you joy with which to meet the day. ³ It soothes your forehead while you sleep, and rests upon your eyelids so you see no dreams of fear and evil, malice and attack. ⁴ And when you wake again, it offers you another day of happiness and peace. ⁵ All this forgiveness offers you, and more.
3. Forgiveness lets the veil be lifted up that hides the face of Christ from those who look with unforgiving eyes upon the world. ² It lets you recognize the Son of God, and clears your memory of all dead thoughts so that remembrance of your Father can arise across the threshold of your mind. ³ What would you want forgiveness cannot give? ⁴ What gifts but these are worthy to be sought? ⁵ What fancied value, trivial effect or transient promise, never to be kept, can hold more hope than

what forgiveness brings?

4. Why would you seek an answer other than the answer that will answer everything? ² Here is the perfect answer, given to imperfect questions, meaningless requests, halfhearted willingness to hear, and less than halfway diligence and partial trust. ³ Here is the answer! ⁴ Seek for it no more. ⁵ You will not find another one instead.
5. God's plan for your salvation cannot change, nor can it fail. ² Be thankful it remains exactly as He planned it. ³ Changelessly it stands before you like an open door, with warmth and welcome calling from beyond the doorway, bidding you to enter in and make yourself at home, where you belong.
6. Here is the answer! ² Would you stand outside while all of Heaven waits for you within? ³ Forgive and be forgiven. ⁴ As you give you will receive. ⁵ There is no plan but this for the salvation of the Son of God. ⁶ Let us today rejoice that this is so, for here we have an answer, clear and plain, beyond deceit in its simplicity. ⁷ All the complexities the world has spun of fragile cobwebs disappear before the power and the majesty of this extremely simple statement of the truth.
7. Here is the answer! ² Do not turn away in aimless wandering again. ³ Accept salvation now. ⁴ It is the gift of God, and not the world. ⁵ The world can give no gifts of any value to a mind that has received what God has given as its own. ⁶ God wills salvation be received today, and that the intricacies of your dreams no longer hide their nothingness from you.
8. Open your eyes today and look upon a happy world of safety and of peace. ² Forgiveness is the means by which it comes to take the place of hell. ³ In quietness it rises up to greet your open eyes, and fill your heart with deep tranquility as ancient truths, forever newly born, arise in your awareness. ⁴ What you will remember then can never be described. ⁵ Yet your forgiveness offers it to you.
9. Remembering the gifts forgiveness gives, we undertake our practicing today with hope and faith that this will be the day salvation will be ours. ² Earnestly and gladly will we seek for it today, aware we hold the key within our hands, accepting Heaven's answer to the hell we made, but where we would remain no more.
10. Morning and evening do we gladly give a quarter of an hour to the search in which the end of hell is guaranteed. ² Begin in hopefulness, for we have reached the turning point at which the road becomes far easier. ³ And now the way is short that yet we travel. ⁴ We are close indeed to the appointed ending of the dream.
11. Sink into happiness as you begin these practice periods, for they hold out the sure rewards of questions answered and what your acceptance of the answer brings. ² Today it will be given to you to feel the peace forgiveness offers, and the joy the lifting of the veil holds out to you.
12. Before the light you will receive today the world will fade until it disappears, and you will see another world arise you have no words to picture. ² Now we walk directly into light, and we receive the gifts that have been held in store for us since time began, kept waiting for today.
13. Forgiveness offers everything you want. ² Today all things you want are given you. ³ Let not your gifts recede throughout the day, as you return again to meet a world of shifting change and bleak appearances. ⁴ Retain your gifts in clear awareness as you see the changeless in the heart of change;

the light of truth behind appearances.

14. Be tempted not to let your gifts slip by and drift into forgetfulness, but hold them firmly in your mind by your attempts to think of them at least a minute as each quarter of an hour passes by. ² Remind yourself how precious are these gifts with this reminder, which has power to hold your gifts in your awareness through the day:

³ *Forgiveness offers everything I want.*

⁴ *Today I have accepted this as true.*

⁵ *Today I have received the gifts of God.*

V. Joy

1. Joy is the inevitable result of gentleness. ² Gentleness means that fear is now impossible, and what could come to interfere with joy? ³ The open hands of gentleness are always filled. ⁴ The gentle have no pain. ⁵ They cannot suffer. ⁶ Why would they not be joyous? ⁷ They are sure they are beloved and must be safe. ⁸ Joy goes with gentleness as surely as grief attends attack. ⁹ God's teachers trust in Him. ¹⁰ And they are sure His Teacher goes before them, making sure no harm can come to them. ¹¹ They hold His gifts and follow in His way, because God's Voice directs them in all things. ¹² Joy is their song of thanks. ¹³ And Christ looks down on them in thanks as well. ¹⁴ His need of them is just as great as theirs of Him. ¹⁵ How joyous it is to share the purpose of salvation!